



HKPNA Newsletter

Hong Kong Paediatric Nurses Association Ltd. www.hkpna.com.hk

President's Message

Message from our President, Ms. Susanna Lee

It is my great pleasure to continue to serve as the President of our beloved association in 2012-2014. I would like to thank all board members, standing committee members for the dedicated hard work and members for the enormous support in the past and in future.

1) Further expansion of our professional network

Over the last two years, HKPNA has well fulfilled its objectives and goals with the expanding scope of activities for members. We have built up strong friendship and connections among Paediatric nurses working in HA, DH as well as in private hospitals. We also developed better network with our Paediatric partners in organizing various professional development activities. Besides the lectures which have been self organized by HKPNA, more seminars, workshops, scientific meetings were co-organized with our honorable partners in conjunction with international partners, e.g. the Joint Scientific Meeting in conjunction with the Hong Kong Paediatric Society (HKPS) and American Academy of Pediatrics (AAP); Seminar and workshop in conjunction with HKPS and the Children's Hospital of Philadelphia (CHOP) etc. This well exemplified the professional solidarity, collaborative effort and commitment in the promotion of child health and knowledge advancement. As child health comprises of 3 major domains: medical, social and education, we look forward to more collaboration with multidisciplinary partners in different sectors in the coming years.

2) Establishment of Asia Pacific Paediatric Nurses Association

Since 2009, HKPNA has started to build up international connections. The successful connection of paediatric nurses in the Asia Pacific Region is evidenced by the coming Inauguration of Asia Pacific Paediatric Nurses Association (APPNA) on 10th September 2012 in the 14th Asia Pacific Congress of Pediatrics and the 4th Asia Pacific Congress of Paediatric Nursing in Kuching, Sarawak, Malaysia. As the Convenor of APPNA Steering Committee myself, I am so pleased to see the birthing of APPNA and salute to every Steering Committee member from the 10 different countries/regions for their conjoint hard work, dedication and contributions in the preparation over the years. With the establishment of APPNA, the paediatric nurses in AP regions will be more closely connected. Through this platform, professional activities can be intensified for cross pollination of knowledge and skill, one unified powerful voice of Paediatric nurses in the Asia Pacific Region can be better coordinated to work for the betterment of our children.

3) Partnership with Hong Kong College of Paediatric Nursing to enhance advanced practice and professionalism in Paediatric nursing

HKPNA has been convening with the HK Academy Preparatory Committee in the establishment of the Colleges. We feel highly excited of the remarkable year 2012 in the establishment of the Hong Kong College of Paediatric Nursing (HKCPN) under the Provisional Hong Kong Academy of Nursing (PHKAN) on 6th January 2012. HKPNA will work in partner with HKCPN to enhance advance practice and professional development of Paediatric Nursing.

4) HKPNA Website Revamp

HKPNA website has been set up since 2002, we should thank for our IT team for their good work. As IT technology becomes more advance today, this year we will revisit our website design and change to a new outlook. The function will also be upgraded so that it will be more user friendly and meets the advance in electronic communication. Environmental friendly is also our concern in saving paper usage.

Lastly, year 2012 is the 50th Anniversary of the Hong Kong Paediatric Society (HKPS) and the Golden Jubilee Celebration of Child Health. On behalf of HKPNA, may I extend our best wishes to our great partner and congratulate HKPS for their resounding achievements in Child Health over the past 50 years, and we look forward to more fruitful collaborations in the future.



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The 12th Annual General Meeting of HKPNA

By Wendy Lee, Editorial

The 12th Annual General Meeting of HKPNA was held on 22 June 2012 at Brilliant Harbour Banquet of Nathan Square with more than 160 attendants, including members and honorable guests. Ms Winnie Lee, the Honorary Secretary, reported the activities of the Association in the past twelve months and Ms Cheung Mei Ying, Honorary Treasurer, presented the financial report. The highlight was the speech by Associate Professor Dr. Sandra Tsang, Department of Social Work and Social Administration, the University of Hong Kong, with the title "家長、兒護協奏愛兒曲". Dr Tsang explicitly emphasized on the valuable contribution from Paediatric nurses: "KASH" which stands for Knowledge, Attitude, Skill and Heart to heart touch in the day to day interaction with children and their families. Ms Susanna Lee made the President's address and led the new board members making a toast. The dinner time was a memorable gathering for members and guests.

New Board Members (2012-2014)

Ms Susanna Lee	President
Ms Connie Wan	Vice President
Ms Ella Ma	Hon. Secretary
Ms Iris Yeung	Hon. Deputy Secretary
Ms Ada Chan	Hon. Treasurer
Ms Cheung Mei Ying	Hon. Deputy Treasurer
Ms Tang Sze Kit	Professional Development Committee Chair
Ms Carol Lo	Social Convenor
Ms Mona Leung	Editorial Chair
Ms Becky Chan	Community Education Chair
Ms Chan Hau Yu	IT Chair
Ms Lee Miu Lan	
Ms Liong Mei Tat	
Ms Caroline Lee	
Ms Wu Man Kuen	



Honorary Advisers and Board Members at the 12th AGM

Ms Winnie Lee - Retirement from HA Services

By Ella Ma, Vice President

On 8 June 2012, we joined together for a celebration party of Winnie's retirement as DOM (Paed) from TMH, HA. After serving for more than three decades in nursing, both in HK, UK & Australia, there were tremendous valuable episodes or shots selected into the compressed video display for the night. We were surprised by the glimpses of Winnie's active nature in sports such as tennis, kayachting, hiking and the track events on the sports field. Winnie travels a lot. Her adventurous nature has been demonstrated in her traveling experience such as overcoming challenges of high altitudes in Tibet.

Dr. Chan Chok Wan, Adviser of HKPNA expressed his appreciation for Winnie since working with her as the Founding President of HKPNA. Her determination and perseverance to uplift the professional image of paediatric nursing and so the unceasing efforts in promotion and support to the development of service standard of care to children in HK, is seen in the well founded platform of HKPNA. Surely we shall miss her in the HA platforms, however we have invited her to attend the HKPNA Board meetings as advisor and mentor to HKPNA board members and the new generations of paediatric nurses. We wish her good health, keeping 'fat' and fit, before embarking on her next goals.



Experience Sharing

SickKids Experience

By Tomcy Leung, Nurse Specialist, Paediatrics, QMH

In October 2011, I participated in the Hospital Authority Overseas Corporate Scholarship Program to further my specialty training at The Hospital for Sick Children. This experience has broadened my scope in caring for critically ill children and family-centered care. The Hospital for Sick Children in Ontario of Canada, also known as SickKids, is a renowned children hospital in the world. It is a 300-bed tertiary care facility that serves the city of Toronto and is affiliated with the University of Toronto. The Critical Care Unit at SickKids is the largest in Canada, comprised of an 18-bed PICU and an 18-bed Cardiac ICU. Nurses in Canada are specialized in

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their work. Beside bedside nurses, there are clinical experts who may involve in the management / service if needed, such as Nurse Practitioner, Clinical Nurse Specialist, IV Nurse, Transitional Nurse Practitioner, Advanced Practice Nurse Educator, Informatics Nurse and Quality management leader. Nurses may employ clinical practice guidelines or work under medical directives to guide their patient management. The information is easily accessed on KidWeb, hospital intranet, at bedside.

The care delivery model that SickKids has adopted is family-centered care. The hospital recognizes that family is the core of everything in the child's life. This is why the health care team views family as partner and involves them in the care and decision-making. Hence, parents are often seen during medical round participating in the discussion concerning the management of their child in PICU. This empowers the family members' medical knowledge and any concerns on the patient can be clarified. SickKids views this active involvement from the family as a patient safety strategy. Information sharing is another tool used to inform and engage the patient and family in planning and participation in their own health. Family can access the website (www.aboutkidshealth.ca) for the educational material for disease management. At the institutional level, the Family Centered Care Advisory Council (FCCAC) which comprises of physicians, nurses, administrative staff, family members and ex-patients further consolidates family-centered care to be everybody's business in this facility.

SickKids is determined to make the hospital safer for the children and families who turn to them for care. Critically ill children are more vulnerable due to their disease states, requirement of technological support, and the placement of invasive lines with multiple infusions. PICU has developed a safety checklist to provide a consistent approach for nurses to address multiple patient safety issues. It is performed when patient is newly admitted or at the beginning of the shift in order to ensure all safety requirements are met. On the other hand, patients and families are encouraged to play a role in ensuring safe care. There is a "Families as Partners in Patient Safety" working group at SickKids that is formed by a team of parents and staff with the hope to raise awareness among healthcare professionals on the role of parents in patient safety, empower family members to speak up and provide education to families about patient safety.

In case of adverse event, staff may report the incident through an online Safety Reporting System, which is similar to the Advanced Incident Reporting System (AIRS) in Hospital Authority in HK. This allows the hospital to learn what may have contributed to these situations in order to improve the way things are done. The management team of PICU & Cardiac ICU including chief physician, unit manager, clinical nurse specialist, nurse practitioner, department quality team leader and charge nurse will conduct a "safety round" bi-weekly. Issues such as unplanned extubation, dislodgement of

catheters of any kind, and patient safety & environmental safety concerns are discussed with the bedside nurses. The issues discussed will be posted on intranet for staff dissemination.

In addition to quality patient care, SickKids is also dedicated to research and fosters an academic environment that nurtures health care professionals. These shape its vision "**Healthier Children, A Better World**" that the health of a child is improved through knowledge translation of the research evidence & learning into patient care.



Atrium of the hospital: Lighting had a role in the healing process; and this concept was exhibited in SickKid's architecture.

The Birth of the Grandfather Fellows of the HK College of Paediatric Nursing Limited (HKCPN), under the Provisional Hong Kong Academy of Nursing Limited (PHKAN)

By Gloria Luk, President, HK College of Paediatric Nursing

Thanks to the enthusiastic support from the paediatric nurses of HK and the organizing committee for their months of dedicated preparatory work, the HK College of Paediatric Nursing Limited was officially established on 6th January 2012. On the International Nurses Day this year, 12 May 2012, the PHKAN and the 14 Academy Colleges have inaugurated in the Lecture Theatre of the Hong Kong Academy of Medicine. The "Birth of the Grandfather Fellows" of our College has become actualized. There are 253 paediatric nurses awarded Fellows by PHKAN (FHKAN), with 113 Fellows conferred in this extraordinary ceremony.

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Dr York Chow, the Secretary for Food & Health, Dr Leong Chi Hung, GMB GBS JP, Patron of PHKAN and Dr Leung Pak Yin, Chief Executive of Hospital Authority were among many other honourable guests from China, Macau, USA, and local healthcare officials and partners at this historical event. The ceremony started at 3pm with the Academic Procession and National Anthem was played, and signified with the welcome address by Dr Susie Lum, President, PHKAN and inaugural speech by Dr Leong Chi Hung, GMB GBS JP, Patron of PHKAN. It was then followed by the inauguration of PHKAN by Dr Leong and inauguration of Academy of Colleges by Dr Susie Lum. Prof. Nancy Fugate Woods, the Ex-President of American Academy of Nursing and current nursing professor at the Washington University, USA delivered the keynote speech in the ceremony.

We were all busy from the rehearsal and throughout the ceremony, with greetings among attendants and posed for memorable photos in our official gowns and attires. Here, I would like to congratulate all paediatric nurses on the success of the HK College of Paediatric Nursing's establishment and the Grandfather Fellow's conferment. Nevertheless, I was grateful for the other 140 Fellows who had been unable to participate in the ceremony, however silently supporting the professional event by providing the continuity of care to the sick kids either locally or as volunteer helpers in other parts of the world.



Memorable photo in our official gowns and attires

Ms Gloria Luk - The Outstanding Staff Award of HA 2012

By Cheng Sau Wai, Editorial

Congratulations to Ms Gloria Luk Sau-ken, Department Operations Manager (Paediatrics), Queen Elizabeth Hospital, Kowloon Central Cluster who has achieved the highest accolade in Outstanding Staff Award 2012.

In her nursing career of more than three decades, Gloria has demonstrated wholeheartedly to services of patient and cares to staff and colleagues. She treats everyone as her beloved ones. Despite busy work schedule, she contributes a lot in the work of setting up patient self-help groups and staff peer support groups.

Her unassuming care for everyone makes a difference in people's life especially during the tough times.

Her unflinching dedication and enthusiasm have been demonstrated in her tremendous contributions in the establishment of HKPNA and HK College of Paediatric Nursing to pursue professional growth and development of paediatric nurses. Her attitudes and perseverance surely inspire us. She greatly deserves the recognition as an outstanding exemplar.



Ms Luk at the Award Presentation Ceremony for Outstanding Staff and Teams Award 2012

The First Group of Hong Kong Neonatal Resuscitation Program (NRP) Regional Trainers

By Lee Wan Ming, Nurse Consultant, Neonatal Intensive Care Unit, QMH

On 19 April 2012, a total of 23 local paediatric health care professionals were successfully certified to be Regional Trainers (RT) of Neonatal Resuscitation Program (NRP) at the NRP Hong Kong inaugural course. This program was a new collaboration between the American Academy of Paediatric (AAP) and the American Heart Association (AHA) and was the first pilot NRP course of AAP outside the United States (US).

The A&E Training Center (AETC) of HA, the AHA International Training Centre (HK), has provided tremendous support in both administrative and financial work so that the program could be run smoothly. Within these 23 HK NRP trainers, there are neonatologists, paediatricians, neonatal nurses and midwives from several hospitals in HK. In order to become the first team of NRP trainers in HK, all the participants were required to attend a 3-day NRP provider and instructor training course which were conducted by 4 renowned international NRP trainers from US. I am honored to be able to attend this training program and to have become one of the 23.

To maintain the standard of the NRP course, a coordinating council of the HK NRP was established for overseeing the quality of the program and the training needs of healthcare professionals. The members of this council are representatives from Hong Kong College of Paediatricians, Hong Kong Society of Neonatal

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Medicine and HKPNA. I am also pleased to let you know that the HK NRP training has been started in July and all the trainers are committed to contribute in improving the quality of Neonatal Resuscitation in Hong Kong.



NRP trainers from AAP and the Chairman of the Coordinating Council Dr B Chan and the 23 HKNRP Regional Trainers

HHKPNA Activities

The World Health Day: Health Carnival – Good Health Adds Years to Life 2012



This annual promotional activity of the Provisional Hong Kong Academy of Nursing Limited and it was held on 14 April 2012 at the Sha Tin Town Hall Plaza. Thanks to members of Organizing Committee as well as the student helpers from the Queen Elizabeth Hospital Nursing School to make home safety well received with fun.

PProfessional Development Activities

Neonatal Resuscitation Seminar - Jointly organized by The Hong Kong Society of Neonatal Medicine and HKPNA was held on 19 April 2012 at Tang Shiu Kin A&E Training Centre. The seminar was well attended by 83 participants.

Seminar on Paediatric Poisonings – by HA Toxicology Services was held on 8 May 2012 at QEH with 95 nurses attended with excellent remarks from participants.

Update Series on Child Health 2012

Session I-III were held at Cheung On Tak Lecture Theatre, the Hong Kong Polytechnic University, with more than 400 attendants at each session. Session IV will be held on 4 August 2012.

Professional Forums for Child Health in Hong Kong

The HKPS with HKPNA and QEH as supporting organizations have conducted a series of professional and educational activities at QEH.

Session 1: Gaps and Challenges on future Child Health development in Hong Kong on 14 April 2012

Session 2: Intersectorial and transdisciplinary collaboration for child health in Hong Kong on 12 May 2012

Session 3: Roles of healthcare professionals in primary healthcare for children in Hong Kong on 12 June 2012

Session 4: Goals for child health in Hong Kong in the 21st Century on 5 July 2012

All sessions were conducted with experts of the fields and attended by various disciplines and with good responses.

Seminar on “The Work of Butterfly Children’s Hospices, shared by a British Nurse – Lyn Gould on her work as “Pioneering Paediatric Palliative Care in China”, was held on 14 June 2012 at QEH. This was well attended by 69 nurses who shared the touching stories.

Achieve Better Health in Schools – A Collaborative Approach

The seminar was jointly organized by HKPNA and Kwai Tsing Safe Community & Healthy City Association and was attended by 64 participants.

Forthcoming Events

Paediatric Advanced Life Support Course (Provider and Renewal) 2012

Co-organized by Hong Kong College of Paediatricians, Congenital Heart Centre, Children’s Hospital of Illinois, USA and HKPNA, will be held on 11-14 September 2012 at A&E Training Centre, Tang Shiu Kin Hospital (Please refer to poster for details)

Overseas Conference

Invitation to attend the Inauguration of Asia Pacific Paediatric Nurses Association (APPNA) on 10 September 2012 in Kuching, Sarawak, Malaysia

With the dedicated and concerted effort from every member of the Steering Committee of the APPNA and under the guidance of Dr. Chan Chok Wan, APPNA will be set up with the inauguration scheduled to be held on 10 September 2012 in Malaysia as part of the 14th APCP and the 4th APCPN from 8 - 12 September 2012 at Borneo Convention Centre in Kuching, Sarawak, Malaysia. Ms Fiona Smith, Adviser for Children’s and Young People’s Nursing from Royal College of Nursing, London, United Kingdom and

Co-ordinator of Paediatric Nurses Association of Europe Network and Dr. Chan Chok Wan, Immediate Past President, International Paediatric Association, Honorary President of Asian Pacific Pediatric Association will be our keynote speakers in our inaugural lectures. You are welcome to join this congress and register accordingly. You can access to the website: <http://ap-pna.com> or <http://apcp2012.org> or <http://a-p-p-a.org> for details.

14 th Asia Pacific Congress of Pediatrics & 4th Asia Pacific Congress of Pediatric Nursing in Sarawak, Malaysia on 8-12 September 2012. Please visit <http://www.apcp2012.org> for information.

Kids' 2012: 19th Annual Pediatric Nursing Conference - Promoting Positive Patient Outcomes, will be held in October 2012 at Akron Children's Hospital, Ohio. Please access https://www.akronchildrens.org/cms/pediatric_nursing_conference/index.html for information.

Members' Communication Channel

HKPNA treasures every idea and comment from members. Please forward your suggestions or input in writing to either the President, Ms Susanna Lee at CNO office, Block A, KH or the Hon. Secretary, Ms Ella Ma at WM's Office, Ward EF4, PMH. Besides, you can contact us via email address: hkpna@gmail.com

Renewal and Application of Membership

Registered and Enrolled nurses who have experience in paediatric care are welcome as members. Any nursing undergraduate and pupil nurse, of the universities and nursing schools, who has interest in paediatric nursing are also welcome.

Please complete the **Membership Application/Renewal Form** (August 2011) and return it to "Hon. Dep. Secretary, Ms Iris Yeung, WM, Ward A9, QEH, Gascoigne Road" together with a cheque made payable to "Hong Kong Paediatric Nurses Association Ltd". Application forms can be obtained from HKPNA Hospital Coordinators or downloaded from web site <http://www.hkpna.com.hk>. Kindly fill in your email address when returning the completed form, so that we can keep you informed of the most update activity / course information.

Life Members are also welcome to update any personal particulars annually and furnish your email address using the same application form.

Submission to HKPNA Newsletter

The HKPNA Newsletter is published three times annually. Articles such as case studies, research findings, work reports, member's views and ideas are welcome.

Each article is preferably to be no more than 250 words. Submit either the hard or electronic copy of full text and photographs with subtitles. Author name(s) and contact details should be included. It is the author's responsibility to comply with patient privacy and data protection. Where necessary, informed consent should have been obtained before submission. The Editorial Committee reserves the right to select or reject the submitted article. Send submission to:

Ms Mona Leung,

C6 Ward, Tuen Mun Hospital, 23, Tsing Chung Koon Road, Tuen Mun, New Territories.

Or e-mail: leungm@ha.org.hk

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- ✓ Aloe Vera & Chamomile – Soothing and Nourishing
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