



HKPNA Newsletter

Hong Kong Paediatric Nurses Association Ltd. www.hkpna.com.hk

Experience Sharing

Technical Visit to Guangzhou Children's Hospital

Lau Sau Lai, APN, Department of Paediatrics and Adolescent Medicine Department, United Christian Hospital

On the chilly Saturday morning of 7th January 2012, more than forty health care professionals from various hospitals of Hong Kong went for a one day technical visit at the Guangzhou Children's Hospital (GCH). The visit was co-organized by the Hong Kong Paediatric and Adolescent Dermatology Society, the Department of Paediatric and Adolescent Medicine of the United Christian Hospital and the Hong Kong Productivity Council.

The GCH is currently one of the three hospitals under the governance of the Guangzhou Women and Children's Medical Center. It is a public hospital established 58 years ago. In 2009, their new compound was completed at the current site with 1000-beds and is ranked 3rd amongst all children's hospitals in Mainland China. Mr Zhang Zhiyao, the Director of Administration Office, started the visit with a brief introduction of the hospital which provides services for the children up to 18 years of age. He also gave an impressive list of figures of 2010, including 2.7 million attendance in outpatient clinics and 56,966 patient discharges. Amongst the 2,500 staff members, there are 800 doctors and nearly 1,000 nurses. It has been awarded the Joint Commission International Certification since 2010 and has made progress in medical research, health promotion and public education.

After lunch with enlightening exchanges with our Guangzhou counterparts, we were divided into small groups touring the different departments, including Early Childhood Integral Development Clinic and Child Health Center, Dermatology Clinic and Paediatric ward. Amongst many state-of-art equipment in the spacious environment, I was impressed with the patient self-registered machines for consultations. Through these machines, patients and their relatives can choose their doctors and specialties they are going to see. In addition, the infant weighing machine has a clever built-in automatic body length measuring device. All these technologies help to save waiting time and manpower. However we also learnt that the adolescent service and medical social service were yet to be developed.

To conclude, I was pleased to have a meaningful visit to a famous children's hospital in Guangzhou in the beginning of Year 2012, for it has broadened our horizons and enhanced our mutual understanding professionally. We hope to have more visits and exchanges in future so that we would develop good connections with our neighboring hospitals in Mainland China and make way for better contributions to children's health.

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Guangzhou Children's Hospital



Self-registered kiosk in the Clinic



Infant weighing equipment with automatic length measurement

The Child Life Council Annual Conference 2011 and Visit to Comer Children's Hospital (Chicago)

Blondi Kwok, Manager (Community & Hospital), Playright Children's Play Association

With the kind support from the Marden Foundation, I attended the 29th Child Life Council Annual Conference in Chicago, USA from 26-29 May 2011, on behalf of Playright Children's Play Association and joined a visit to the Comer Children's Hospital. I would like to share what I learnt and observed from this trip.

Established as a non-profitable organization in 1982, the Child Life Council (CLC) represents a group of trained professionals with expertise in helping children and their families overcome life's most challenging events. It has around 4,500 members including child life specialists which are equivalent to hospital play specialists in the United Kingdom and Hong Kong, child life assistants, university educators and students, hospital administrators and staff, school teachers, therapeutic recreation specialists, and others in related fields. Each year, the CLC organizes a conference to facilitate the exchange of professional knowledge and best practices to members and others in related field.

This year, we were arranged to visit the Comer Children's Hospital at the University of Chicago which was renovated in 2004. It is a 6-storey building with 155 acute care beds. The hospital runs with a family-centered, child-friendly philosophy to provide the state-of-art care for all children. Family-centered care facilities include rooming-in sleeping accommodations for parents; laundry facilities; a family kitchen and a family learning center, etc. Child-friendly features include paintings and sculptures being inspired by poetry and artworks; a wireless call system for patients to page their nurses; 'room service' meal orders with menu allowing children to order food any time between 7am and 7pm; a playroom, teen room and an outdoor playground on the main floor and smaller play areas located on ward floors, etc. All non-ICU children have their own private rooms of around 300 square feet in size with a small bookshelf, desk area, bulletin board, a flat-screen TV/computer where children can access child-appropriate web sites, send and receive email, listen to music, and watch movies on demand. In summary, the hospital environment is welcoming, family centered and child-friendly to create a warm and comfortable feeling to the children and their families.

Besides, there is a team of 12 Child Life Specialists (CLS) led by a Service Director to provide preparation play, distraction play, developmental play and therapeutic play to children and their families. The big playroom (around 2,000 sq. feet) which opens everyday caters for children of different age groups, from babies to adolescents. They have a 'Closed-Circuit Television' to broadcast the playroom activities to patient rooms. Making use of high technology, the CLSs use iPads as a tool containing different

files on medical procedures to prepare the children for the various procedures. Both the family-centered hospital environment and its play services help the children and their families to reduce their anxieties and cope with the hospitalization more easily.

The exhibition at the conference showed a lot of special play tools and hospital equipment for hospitalized children. For example, medical demonstration puppets and equipment, child-friendly IV poles, move around IV Buggy, preparation play dolls for different procedures and wooden toys of various medical equipment. An emergency pediatrician invented a 'Buzzy' for relief of needle pain. It had iced wings and vibration to distract the nerves thereby reducing the pain sensation on contact! These toy equipment were inspiring to us for developing tailor-made play tools to prepare our hospitalized children for distraction play activities.

Subsequently in July 2011, Playright held a meeting with staff from the Food & Health Bureau and Hospital Authority for the project of Centre of Excellence in Paediatrics (CEP) and shared our observations and ideas for their consideration in strategic planning. We hope to have an equally well planned, designed, and equipped CEP (if not better) as well as an established play service to adequately cater for the psychosocial needs of all children and their families who will be cared for in the future CEP of Hong Kong!



The Hospital Corridor with children's drawings



Playroom in the surgery waiting area



"Medical Play" Corner in the big playroom



Preparation play doll

Report on HKPNA activities

The 1st Joint Seminar with CHOP

Ella Ma, Vice President

The 1st joint seminar organized by The Hong Kong Paediatric Society and The Children's Hospital of Philadelphia (CHOP) in conjunction with HKPNA was successfully held on 12-13th November 2011 at Princess Margaret Hospital, with the theme 'Management of Emergency Paediatrics in Community Setting'. Dr. S. Ludwig from CHOP gave stimulating lectures of the specialized field in paediatrics, together with some local speakers. Ms Susan M. Kolb, CRNP, Director of Advanced Practice Nursing and Ambulatory Nursing of CHOP shared the US experience on the role of nurse practitioner in the community.

The Pre-Seminar Workshop for Nurses was held in the morning on 12th November, and was well attended by nurses. Ms S. Fung, Chief



Local APNs sharing their reflections from the observership training at CHOP

Ms Susan Kolb sharing at the Pre-seminar workshop for nurses

Updates on the Establishment of Hong Kong College of Paediatric Nursing 香港兒科護理學院有限公司

Ella Ma, Council Member



The Provisional Hong Kong Academy of Nursing (PHKAN) was established on 6th October 2011, with the aim to promote excellence in nursing and health care in Hong Kong through regulating specialist nursing practice and education. We are glad that HKCPN has been established as a Limited body under the Company Law of Hong Kong on 6th January 2012, and so become independent from HKPNA. We have Gloria Luk as President, 5 vice Presidents who coordinate 5 Committees, and the office bearers, all as council members in the College structure. Our first missions are to apply as one of the 14 specialty colleges under PHKAN's governance, and to accredit the first batch of Fellows of the College – The Founding Fellows of College of Paediatric Nursing, to be awarded at the inaugural ceremony of PHKAN on 12th May 2012, the International Nurses Day. We have completed the recruitment of candidates who have 15 years of specialty

Manager (Nursing), HA, was invited and expressed her continual support and encouragement to nurses. We had a great opportunity to bring together the reflections of our local colleagues on their overseas training experience in PICU and NICU of CHOP, sponsored by Nursing, HA. They were impressed by the nurses' professional autonomy in the day-to-day care of patients. There was a brief exchange of ideas in the floor on autonomy being gained via knowledge and experience versus automatically given by the official rank when talking about enhanced autonomy of local nurses. Susan shared topics on the shared governance practice model in CHOP; paediatric emergency nursing in hospital and community – theory and practice; and transition from home to community – collaboration in action – US scene. We had good feedback and discussion from Dr. Ludwig, Susan, Ms Fung, Dr. Chan CW, and the floor.

The Post-Seminar Round Table discussion for nurses was held at QEH on 14th November. Though a small group, we did have good updates and heated discussion on the three domains of nursing department for children of HK, namely hospital, community and school health, on the transition from hospital to community, and again shared Susan's CHOP practice in this aspect. We hope to move forward with more opportunities in the local platform to whet our appetite for the desire of more information and knowledge of our stakeholder counter parts.



Dr. Ludwig speaking at the Seminar

experience for application of Grandfathering Fellow.

The response has been extremely encouraging, and we have over 350 applications, that has demonstrated the enthusiastic support from the local paediatric nurses. Our Accreditation Committee members have been very diligent in vetting these applications before recommending to PHKAN for approval of Grandfathering Fellow before April 2012.

Besides, our Examination Committee continues working hard to design the examination questions in terms of core and other 4 subspecialties (Child and Adolescent Health, Paediatric intensive care, Neonatal intensive care and School health nursing). Each of the 4 leaders who is responsible for each subspecialty is currently working with their group specialists to set up questions for the entry examination of the college member. All the voluntary team work in action is very much appreciated. Meanwhile, Gloria, the College President, is working with PHKAN for the inaugural ceremony regarding the details with the College colour code and the Academy robe. Please visit <http://www.hkan.hk> for more information.

Invitation to access the website of Asia Pacific Paediatric Nurses Association (APPNA) and the 1st Edition of the Newsletter of Asia Pacific Paediatric Nurses Association

Susanna Lee, President, HKPNA and Convener, Steering Group of APPNA

The website of APPNA has been newly established in Jan 2012. With the generous help and support of HKPNA board member Ms Chan Hau Yu and Committee member Ms Carol Lo, the 1st Edition of Asia Pacific Paediatric Nurses Association e-Newsletter has also been published in Feb 2012. Through these communication means, update progress in relation to the mission, objectives and the journey of the establishment of APPNA as well as the information of the forthcoming professional activities in the Asia Pacific Region can be accessed. You are welcome to visit the website of APPNA <http://www.ap-pna.com> for more details.



Invitation to attend the Inauguration of Asia Pacific Paediatric Nurses Association (APPNA) on 10 September 2012 in Kuching, Sarawak, Malaysia

Under the guidance of Dr. Chan Chok Wan, Honorary Adviser of Steering Committee, Asia Pacific Paediatric Nurses Association (APPNA); Immediate Past President of International Pediatric Association (IPA) and Honorary President of Asian Pacific Pediatric Association (APPA) and the dedicated and concerted efforts from every member of the Steering Committee which is comprising of nursing leaders from 14 countries/regions, Asia Pacific Paediatric Nurses Association (APPNA) will be officially established with the inauguration scheduled to be held on **10 September 2012 in Malaysia**. On behalf of the Steering Committee, we are highly honored to have gained the consent and great support from APPA under the leadership of Professor Xiaohu He, President, APPA and the support from Dr. Zulkifli Ismail, President Elect, APPA; Chairman of Organizing Committee of 14th Asian Pacific Congress of Pediatrics (APCP) and 4th Asian Pacific Congress of Pediatric Nursing (APCPN) to have included the inauguration ceremony of APPNA in the Congress of 14th APCP and the 4th APCPN which will be held from 8 - 12 September 2012 at Borneo Convention Centre in Kuching, Sarawak, Malaysia. Renowned nurse speakers will be invited from local and overseas to give the keynote speeches in the inauguration ceremony and presentations in the 4th Asian Pacific Congress of Pediatric Nursing. Paediatric nurses and friends are welcome to join this congress and witness this remarkable event. You are encouraged to register early accordingly. You can access <http://www.ap-pna.com> or <http://apcp2012.org> or <http://a-p-p-a.org> for more details.

Retirement of Ms Chan Shuk Ying, DOM (Paediatrics) of Alice Ho Miu Ling Nethersole Hospital

Our Board member Ms Chan has retired from her 41 years' nursing profession to be effective in January 2012 and HKPNA has organized a celebration dinner on 12th January 2012 at the Golden Federal Restaurant to bid her a fond farewell. Ms Chan has been one of the hospital coordinators of HKPNA all these years, and board member since 2006. She has made tremendous contributions in community education. She led the Community Education Committee working with schools and thus building up a trusting relationship with them.

Ms Chan has multi-talents as seen from her hobbies other than her successful career life. She is excellent at making cross-stitch embroidery and she has showed us some of her productions, including cross stitches on wallets and on the Chinese ink painting of eight horses vividly in action. Don't forget the good taste of her homemade bread loaf. Ms Chan has dedicated her many goals to be accomplished and is planning her next milestones in life. She shared with us her reflection and inspiration in nursing career, profession and life; and her generosity in her souvenir for us. It was the designed elegant digital padlocks with her warmest regards in the inscription of "有緣共事 護愛長流" for us to pass on to the future generations of nurses. May we wish Ms Chan all the best wishes and happy retirement.



Carol Singing Festival

Gloria Luk, Board Member

On behalf of HKPNA, Susanna, Ella & Gloria had participated in the charity Carol Singing Festival 2011 (聖誕歌頌節 2011) organized by Child Development Matching Fund (CDMF 兒童發展配對基金) last Christmas. The aim of CDMF is to provide a long term and visionary sustainable policy in alleviating "intergenerational poverty". The purpose of this meaningful Christmas carol singing event continues its mission to "Sing for Our Next Generation"; and to raise funding for "Matching Fund" to continue its mission to promote child development, initiative, advocating the cooperation of family, society and government to invest in educating the youth and to support the government's plan to alleviate poverty.

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We joined with others including the 22 QEH colleagues for carol singing in the evening on 21st December 2011 at the Nathan Road entrance to Kowloon Park. Miss Christina Cheng, General Manager (Finance, QEH) and Miss Tina Ng (School Principal, QEH Nursing School) were very supportive and had participated in the caroling. We all enjoyed the singing of festive peace and joy and were rewarded by the loud applause of the passers-by. Young kids joined in the singing rhythm with body movements and tourists raised their cameras for few shots of the joyous moments to enrich their travelling experience. For more information about CDMF, please refer to website www.cdmf.org.hk



The Spring Dinner 2012

The HKPNA Spring Dinner was held on 3 March 2012 at Golden Federal Restaurant with around 90 members and friends participated. Everybody surely had an enjoyable evening with much excitement from games and lucky draw.



Walking on Air for Playright 2012 Uniquely Different

The 25th Anniversary Ceremony and Kick-off for Walking on Air for Playright 2012, supported by HKPNA & others was held on 26th February 2012 at Cyberport, HK Island. Funds raised will help to create play opportunities for children who are denied these by illness, disability or lack of resources. Every step that has been made have brought cheer and laughter.



Professional Development Activities

1st Joint Seminar of Hong Kong Paediatric Society and the Children's Hospital of Philadelphia (CHOP) organized in conjunction with HKPNA - 'Management of Emergency Paediatrics in Community Setting' was held on 12 & 13 November 2011 at Block H7, PMH, with 70-80 nurses attended. Free Pre-seminar Workshop on 12 November 2011 and post-seminar round table discussion on 14 November 2011 were well attended by 76 and 25 nurses in various settings respectively.

The Neonatal Resuscitation Seminar 2011 organized by the Hong Kong Society of Neonatal Medicine and HKPNA was held on 17 November 2011 6:30pm - 8:30pm at Lecture Theatre, M Ground, QEH, with 193 nurses attended.

Introductory Course in Neuromuscular and Electro-diagnostic Medicine (EMG) was held on 10 & 11 Dec 2011 at PMH with 7 nurses attended.

Hong Kong Child Safety Conference 2012 organized by The University of Hong Kong, Department of Paediatrics and Adolescent Medicine, and supported by HKPNA was held on 11 February 2012 at HAHO, with 85 nurses attended.

A Short Course on Understanding and Management of Neuro-metabolic and Neuro-degenerative Diseases in Children by Dr C W Fung and others was held at 6:30 - 8:30 pm on 5, 12 & 19 March 2012 at QEH M Block Lecture Theatre. Dr. Fung has made the topic very interesting to the audience and nurses' response was excellent, and altogether 64, 70 & 58 nurses attended respectively.

Scientific Meeting - The UK Experience: Small Changes for Better Infant Health on 29 March 2012, organized by The Hong Kong Society of Neonatal Medicine, supported by HKPNA.

Community Health Education

Nine health talks have been delivered to P1 and P6 students (around 100-500 each time) in Tai Po Primary School and Kwun Tong Primary School throughout September 2011 to June 2012 with very positive feedback.

The topic of the health talks were on 青春生理變化及護理、兩性成長的煩惱之我從那裡來、健康生活小人類、認識欺凌行為及健康零食物語。Committee members who delivered the talks were much impressed by the students' encouraging response.

Forthcoming Events

(Please refer to poster for details)

Professional Forum for Child Health in Hong Kong on 12 April 2012, organized by the HK Paediatric Society and supported by the HKPNA, will be held in Multi-functional Room, G/F, D Block, QEH, at 2000 to 2200.

Neonatal Resuscitation Seminar 2012 on 19 April 2012, jointly organized by The Hong Kong Society of Neonatal Medicine and HKPNA will be held at Tang Shiu Kin Hospital.

Seminar on Paediatric Poisoning by the HK Toxicology Service on 8 May 2012, organized by HKPNA at QEH.

Overseas Conference

14 th Asian Pacific Congress of Paediatrics & 4th Asian Pacific Congress of Paediatric Nursing in Sarawak, Malaysia on 8-12 September 2012. Please visit <http://www.apcp2012.org>

Members' Communication Channel

HKPNA treasures every idea and comment from members. Please forward your suggestions or input in writing to either the President, Ms Susanna Lee at CNO office, Block A, Kowloon Hospital or the Hon. Secretary, Ms Winnie Lee at DOM's Office, Paed., TMH. Besides, you can contact us via email address: hkpna@ymail.com

Renewal and Application of Membership

Registered and Enrolled nurses who have experience in paediatric care are welcome as members. Any nursing undergraduate and pupil nurse, of the universities and nursing schools, who has interest in paediatric nursing are also welcome.

Please complete the **Membership Application/Renewal Form** (Feb 2011) and return it to "Hon. Dep. Secretary, Ms Ada Chan, NO, Ward 6HK, 6/F, PWH, 30-32 Ngan Shing Street, Shatin, New Territories" together with a cheque made payable to "Hong Kong Paediatric Nurses Association Ltd". Application forms can be obtained from HKPNA Hospital Coordinators or downloaded from web site <http://www.hkpna.com.hk>. Kindly fill in your email address when returning the completed form, so that we can keep you informed of the most update activity / course information.

Life Members are also welcome to update any personal particulars annually and furnish your email address using the same application form.

Submission to HKPNA Newsletter

The HKPNA Newsletter is published three times annually. Articles such as case studies, research findings, work reports, member's views and ideas are welcome.

Each article is preferably to be no more than 250 words. Submit either the hard or electronic copy of full text and photographs with subtitles. Author name(s) and contact details should be included. It is the author's responsibility to comply with patient privacy and data protection. Where necessary, informed consent should have been obtained before submission. The Editorial Committee reserves the right to select or reject the submitted article.

Send submission to:

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Ward 4A, Tseung Kwan O Hospital,

2, Po Ning Lane, Hang Hau, Tseung Kwan O.

Or E-mail: mirandalui@netvigator.com

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